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Lesson Focus

Lesson focuses on aerospace engineering and how space flight has been achieved from an engineering vantage point. Students build and launch a model rocket and consider the forces on a rocket, Newton's Laws, and other principles and challenges of actual space vehicle launch. They design their structure on paper, learn about aerospace engineering, launch their rocket, and share observations with their class. *Note: Teachers and students should be aware that most commercially available rockets generate considerable heat. Great care should be exercised to follow the manufacturer's instructions closely. Supplementary safety instructions are given at the end of this lesson plan.*

Lesson Synopsis

The "Blast Off" lesson explores rocketry, and the principals of space flight. Students work in teams with teacher supervision and construct and launch a rocket from an inexpensive kit. They observe their own achievements and challenges, as well as those of other student teams, complete a reflection sheet, and present their experiences to the class.

Year Levels

Year 10 – Term 3

Objectives

- + Learn about aerospace engineering.
- + Learn about engineering design and redesign.
- + Learn about space flight.
- Learn how engineering can help solve society's challenges.
- + Learn about teamwork and problem solving.

Anticipated Learner Outcomes

As a result of this activity, students should develop an understanding of:

- ✤ aerospace engineering
- engineering design
- space flight
- + teamwork

Lesson Activities



Students explore how engineers have developed rocketships over the years, and learn about the principals of rocketry. They work in teams to construct and launch a model rocket from a kit under teacher supervision. The students compare their accomplishments and challenges with those of other student teams, complete a reflection sheet, and present to the class.

Blast Off!

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Resources/Materials

- Teacher Resource Documents (attached)
- Student Resource Sheet (attached)
- Student Worksheet (attached)

Alignment to Curriculum Frameworks

See curriculum alignment sheet at end of lesson.

Internet Connections

- TryEngineering (www.tryengineering.org)
- Timeline of Rocket History (http://history.msfc.nasa.gov/rocketry/)
- NASA Beginners Guide to Rockets (www.grc.nasa.gov/WWW/K-12/rocket/bgmr.html)
- European Space Agency Space Engineering (www.esa.int/SPECIALS/Space_Engineering)
- Rocketry Planet (<u>www.rocketryplanet.com</u>)
- Curriculum Links (<u>www.acara.edu.au</u>)

Recommended Reading

- Rockets and Missiles: The Life Story of a Technology (ISBN: 978-0801887925)
- Rocket and Spacecraft Propulsion: Principles, Practice and New Developments (ISBN: 978-3642088698)
- It's ONLY Rocket Science (ISBN: 978-0387753775)
- "A Pictorial History of Rockets" (www.nasa.gov/pdf/153410main_Rockets_History.pdf)

Optional Writing Activity

 Write an essay or a paragraph describing an example of rockets might be used to help society in peaceful times.

Extension Activity

 Have older or more advanced students use an altimeter to measure acceleration as part of this lesson and incorporate g-force discussions.

Safety Notes

- Please read and follow safety recommendations on page 15.
- For younger students TryEngineering.org offers a water pressure rocket lesson, called "Water Rocket Launch"

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For Teachers: Teacher Resources

Lesson Goal

The "Blast Off!" lesson focuses on aerospace engineering and how space flight has been achieved from an engineering vantage point. Students build and launch a model rocket and consider the forces on a rocket, Newton's Laws, and other principles and challenges of actual space vehicle launch. They design their structure on paper, learn about aerospace engineering, launch their rocket, and share observations with their class.

Lesson Objectives

- + Learn about aerospace engineering.
- + Learn about engineering design and redesign.
- + Learn about space flight.
- Learn how engineering can help solve society's challenges.
- + Learn about teamwork and problem solving.

Materials

- Student Resource Sheets
- Student Worksheets
- Student Team Materials: paper, pen, pencil; model rocket kit.
- Suggested resources for model rocket kits:
 - Estes (www.estesrockets.com)
 - o Model Rockets (http://ausrocketry.com.au)
 - Local or national rocket competitions
- Internet access (optional) to explore www.grc.nasa.gov/WWW/K-12/rocket/ for research and to use online rocket simulator

Procedure

- 1. Show students the student reference sheets. These may be read in class or provided as reading material for the prior night's homework.
- 2. To introduce the lesson, consider asking the students how they think a rocket can fly and how engineers have to consider payload, weather, and the shape and weight of a rocket when developing a new or re-engineered rocket design.
- 3. Teams of 3-4 students will consider their challenge, read about rocketry, and explore the online rocket simulator (if internet access is available)
- 4. Teams next build and launch their rocket as a team, and observe the flight patterns of other rockets that are launched.
- 5. Teams reflect on the experience, and present to the class.

Safety Note

This lesson is intended for older and mature students, under continual supervision of a responsible teacher or teacher team with prior experience with rocket launch kits. Be sure to follow your school's safety guidelines at all times.

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Time Needed

Two to four 45 minute sessions.

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Student Resource: Rocket Principles

A rocket in its simplest form is a chamber enclosing a gas under pressure. A small opening at one end of the chamber allows the gas to escape, and in doing so provides a thrust that propels the rocket in the opposite direction. A good example of this is a balloon. Air inside a balloon is compressed by the balloon's rubber walls. The air pushes back so that the inward and outward pressing forces are balanced. When the nozzle is released, air escapes through it and the balloon is propelled in the opposite direction.

When we think of rockets, we rarely think of balloons. Instead, our attention is drawn to the giant vehicles that carry satellites into orbit and spacecraft to the Moon and planets. Nevertheless,



Equilibrium



REACTION ACTION

there is a strong similarity between the two. The only significant difference is the way the pressurised gas is produced. With space rockets, the gas is produced by burning propellants that can be solid or liquid in form or a combination of the two.

One of the interesting facts about the historical development of rockets is that while rockets and rocket-powered devices have been in use for more than two thousand years, it has been only in the last three hundred years that rocket experimenters have had a scientific basis for understanding how they work.

The science of rocketry began with the publishing of a book in 1687 by the English scientist Sir Isaac Newton. His book, entitled Philosophiae Naturalis Principia Mathematica, described physical principles in nature. Today, Newton's work is usually just called the Principia. In the Principia, Newton stated three important scientific principles that govern the motion of all objects, whether on Earth or in space. Knowing these principles, now called Newton's Laws of Motion, rocketeers have been able to construct the modern giant rockets of the 20th century such as the Saturn V and the Space Shuttle.

Newton's Laws of Motion

- Objects at rest will stay at rest and objects in motion will stay in motion in a straight line unless acted upon by an unbalanced force.
- Force is equal to mass times acceleration.
- For every action there is always an opposite and equal reaction.

All three laws are really simple statements of how things move. But with them, precise determinations of rocket performance can be made.

(Source: NASA - Visit www.grc.nasa.gov/WWW/K-12/rocket for more details on rocketry.)

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Student Resource: Rocket Principles (Continued)

Newton's First Law

This law of motion is just an obvious statement of fact, but to know what it means, it is necessary to understand the terms rest, motion, and unbalanced force.

Rest and motion can be thought of as being opposite to each other. Rest is the state of an object when it is not changing position in relation to its surroundings. If you are sitting still in a chair, you can be said to be at rest. This term, however, is relative. Your chair may actually be one of many seats on a speeding airplane. The important thing to remember here is that you are not moving in relation to your immediate surroundings. If rest were defined as a total absence of motion, it would not exist in nature. Even if you were sitting in your chair at home, you would still be moving, because your chair is actually sitting on the surface of a spinning planet that is orbiting a star. The star is moving through a rotating galaxy that is, itself, moving through the universe. While sitting "still," you are, in fact, traveling at a speed of hundreds of kilometres per second.

Motion is also a relative term. All matter in the universe is moving all the time, but in the first law, motion here means changing position in relation to surroundings. A ball is at rest if it is sitting on the ground. The ball is in motion if it is rolling. A rolling ball changes its position in relation to its surroundings. When you are sitting on a chair in an airplane, you are at rest, but if you get up and walk down the aisle, you are in motion. A rocket blasting off the launch pad changes from a state of rest to a state of motion.

The third term important to understanding this law is unbalanced force. If you hold a ball in your hand and keep it still, the ball is at rest. All the time the ball is held there though, it is being acted upon by forces. The force of gravity is trying to pull the ball downward, while at the same time your hand is pushing against the ball to hold it up. The forces acting on the ball are balanced. Let the ball

go, or move your hand upward, and the forces become unbalanced. The ball then changes from a state of rest to a state of motion.

In rocket flight, forces become balanced and unbalanced all the time. A rocket on the launch pad is balanced. The surface of the pad pushes the rocket up while gravity tries to pull it down. As the engines are ignited, the thrust from the rocket unbalances the forces, and the rocket travels upward. Later, when the rocket runs out of fuel, it slows down, stops at the highest point of its flight, then falls back to Earth.

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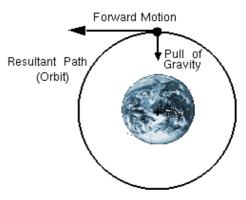
(Source: NASA - Visit www.grc.nasa.gov/WWW/K-12/rocket for more details on rocketry.)

Blast Off!

Student Resource: Rocket Principles (Continued)

Objects in space also react to forces. A spacecraft moving through the solar system is in constant motion. The spacecraft will travel in a straight line if the forces on it are in balance. This happens only when the spacecraft is very far from any large gravity source such as Earth or the other planets and their moons. If the spacecraft comes near a large body in space, the gravity of that body will unbalance the forces and curve the path of the spacecraft. This happens, in particular, when a satellite is sent by a rocket on a path that is parallel to Earth's surface. If the rocket shoots the spacecraft fast enough, the spacecraft will orbit Earth. As long as another





unbalanced force, such as friction with gas molecules in orbit or the firing of a rocket engine in the opposite direction from its movement, does not slow the spacecraft, it will orbit Earth forever.

Now that the three major terms of this first law have been explained, it is possible to restate this law. If an object, such as a rocket, is at rest, it takes an unbalanced force to make it move. If the object is already moving, it takes an unbalanced force, to stop it, change its direction from a straight line path, or alter its speed.

Newton's Third Law

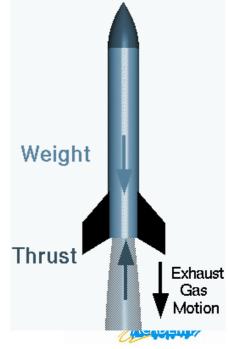
For the time being, we will skip the second law and go directly to the third. This law states

that every action has an equal and opposite reaction. If you have ever stepped off a small boat that has not been properly tied to a pier, you will know exactly what this law means.

A rocket can lift off from a launch pad only when it expels gas out of its engine. The rocket pushes on the gas, and the gas in turn pushes on the rocket. The whole process is very similar to riding a skateboard. Imagine that a skateboard and rider are in a state of rest (not moving). The rider jumps off the skateboard. In the third law, the jumping is called an action. The skateboard responds to that action by traveling some distance in the opposite direction. The skateboard's opposite motion is called a reaction. When the distance traveled by the rider and the skateboard are compared, it would appear that the skateboard has had a much greater reaction than the action of the rider. This is

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not the case. The reason the skateboard has traveled farther is that it has less mass than the rider. This concept will be better explained in a discussion of the second law.

(Source: NASA - Visit www.grc.nasa.gov/WWW/K-12/rocket for more details on rocketry.)

Student Resource: Rocket Principles (Continued)



With rockets, the action is the expelling of gas out of the engine. The reaction is the movement of the rocket in the opposite direction. To enable a rocket to lift off from the launch pad, the action, or thrust, from the engine must be greater than the mass of the rocket. In space, however, even tiny thrusts will cause the rocket to change direction.

One of the most commonly asked questions about rockets is how they can work in space where there is no air for them to push against. The answer to this question comes from the third law. Imagine the skateboard again. On the ground, the only part air plays in the motions of the rider and the skateboard is to slow them down. Moving through the air causes friction, or as scientists call it, drag. The surrounding air impedes the actionreaction. As a result rockets actually work better in space than they do in air. As the exhaust gas leaves the rocket engine it must push away the surrounding air; this uses up some of the energy of the rocket. In space, the exhaust gases can escape freely.

Newton's Second Law

This law of motion is essentially a statement of a mathematical equation. The three parts of the equation are mass (m), acceleration (a), and force (f). Using letters to symbolize each part, the equation can be written as follows:

f = ma

By using simple algebra, we can also write the equation two other ways:

a = f/m

m = f/a

The first version of the equation is the one most commonly referred to when talking about Newton's second law. It reads: force equals mass times acceleration. To explain this law, we will use an old style cannon as an example.

When the cannon is fired, an explosion propels a cannon ball out the open end of the barrel. It flies a kilometre or two to its target. At the same time the cannon itself is pushed backward a metre or two. This is action and reaction at work (third law). The force acting on the cannon and the



ball is the same. What happens to the cannon and the ball is determined by the second law. Look at the two equations below.

- f = m(cannon) * a(cannon)
- f = m(ball) * a(ball)

The first equation refers to the cannon and the second to the cannon ball. In the first equation, the mass is the cannon itself and the acceleration is the movement of the

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cannon. In the second equation the mass is the cannon ball and the acceleration is its movement.

(Source: NASA - Visit www.grc.nasa.gov/WWW/K-12/rocket for more details on rocketry.)

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Student Resource: Rocket Principles (Continued)



The first equation refers to the cannon and the second to the cannon ball. In the first equation, the mass is the cannon itself and the acceleration is the movement of the cannon. In the second equation the mass is the cannon ball and the acceleration is its movement. Because the force (exploding gun powder) is the same for the two equations, the equations can be combined and rewritten below:

m(cannon) * a(cannon) = m(ball) * a(ball)

In order to keep the two sides of the equations equal, the accelerations vary with mass. In other words, the cannon has a large mass and a small acceleration. The cannon ball has a small mass and a large acceleration.

Let's apply this principle to a rocket. Replace the mass of the cannon ball with the mass of the gases being ejected out of the rocket engine. Replace the mass of the cannon with the mass of the rocket moving in the other direction. Force is the pressure created by the controlled explosion taking place inside the rocket's engines. That pressure accelerates the gas one way and the rocket the other. Some interesting things happen with rockets that don't happen with the cannon and ball in this example. With the cannon and cannon ball, the thrust lasts for just a moment. The thrust for the rocket continues as long as its engines are firing. Furthermore, the mass of the rocket changes during flight. Its mass is the sum of all its parts. Rocket parts include engines, propellant tanks, payload, control system, and propellants. By far, the largest part of the rocket's mass is its propellants. But that amount constantly changes as the engines fire. That means that the rocket's mass gets smaller during flight. In order for the left side of our equation to remain in balance with the right side, acceleration of the rocket has to increase as its mass decreases. That is why a rocket starts off moving slowly and goes faster and faster as it climbs into space.

Newton's second law of motion is especially useful when designing efficient rockets. To enable a rocket to climb into low Earth orbit, it is necessary to achieve a speed, in excess of 28,000 km per hour. A speed of over 40,250 km per hour, called escape velocity, enables a rocket to leave Earth and travel out into deep space. Attaining space flight speeds requires the rocket engine to achieve the greatest action force possible in the shortest time. In other words, the engine must burn a large mass of fuel and push the resulting gas out of the engine as rapidly as possible. Newton's second law of motion can be restated in the following way: the greater the mass of rocket fuel burned, and the faster the gas produced can escape the engine, the greater the thrust of the rocket.

Putting Newton's Laws of Motion Together

An unbalanced force must be exerted for a rocket to lift off from a launch pad or for a craft in space to change speed or direction (first law). The amount of thrust (force)

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produced by a rocket engine will be determined by the mass of rocket fuel that is burned and how fast the gas escapes the rocket (second law). The reaction, or motion, of the rocket is equal to and in the opposite direction of the action, or thrust, from the engine (third law).

(Source: NASA - Visit www.grc.nasa.gov/WWW/K-12/rocket for more details on rocketry.)

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Student Worksheet: How Rockets Fly

In flight, a rocket is subjected to four forces; weight, thrust, and the aerodynamic forces, lift and drag. The magnitude of the weight depends on the mass of all of the parts of the rocket. The weight force is always directed towards the centre of the earth and acts through the centre of gravity, the yellow dot on the figure. The magnitude of the thrust depends on the mass flow rate through the engine and the velocity and pressure at the exit of the nozzle. The thrust force normally acts along the longitudinal axis of the rocket and therefore acts through the centre of gravity. Some full scale rockets can move, or gimbal, their nozzles to produce a force which is not aligned with the centre of gravity. The resulting torque about the centre of gravity can be used to manoeuver the rocket. The magnitude of the aerodynamic forces depends on the shape, size, and velocity of the rocket and on properties of the atmosphere. The aerodynamic forces are very important for model rockets, but may not be as important for full scale rockets, depending on the mission of the rocket. Full scale boosters usually spend only a short amount of time in the atmosphere.

In flight, the magnitude -- and sometimes the direction -of the four forces is constantly changing. The response of the rocket depends on the relative magnitude and direction of the forces, much like the motion of the rope in a "tug-ofwar" contest. If we add up the forces, being careful to account for the direction, we obtain a net external force on the rocket. The resulting motion of the rocket is described by Newton's laws of motion.

Although the same four forces act on a rocket as on an airplane, there are some important differences in the application of the forces:

- On an airplane, the lift force (the aerodynamic force perpendicular to the flight direction) is used to overcome the weight. On a rocket, thrust is used in opposition to weight. On many rockets, lift is used to stabilize and control the direction of flight.
- On an airplane, most of the aerodynamic forces are generated by the wings and the tail surfaces. For a rocket, the aerodynamic forces are generated by the fins, nose cone, and body tube. For both airplane and rocket, the aerodynamic forces act through the centre of pressure (the yellow dot with the black center on the figure) while the weight acts through the centre of gravity (the yellow dot on the figure).

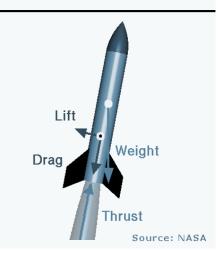
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Modified and aligned to Australian Curriculum by Queensland Minerals and Energy Academy



Forces on a Rocket





- While most airplanes have a high lift to drag ratio, the drag of a rocket is usually much greater than the lift.
- While the magnitude and direction of the forces remain fairly constant for an airplane, the magnitude and direction of the forces acting on a rocket change dramatically during a typical flight.

(Source: NASA - Visit www.grc.nasa.gov/WWW/K-12/rocket for more details on rocketry.)

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Student Resource: Commercial Spaceflight - News



SpaceShipTwo: The World's First Commercial Spaceship

In 2011, in the skies above Mojave Air and Spaceport CA, SpaceShipTwo, the world's first commercial spaceship, demonstrated its unique reentry 'feather' configuration for the first time. In 2012, Virgin Galactic announced that its vehicle developer, Scaled Composites (Scaled), has been



granted an experimental launch permit from the Federal Aviation Administration (FAA) for its suborbital spacecraft, SpaceshipTwo, and the carrier aircraft, WhiteKnightTwo

Already, SpaceShipTwo and WhiteKnightTwo have made significant progress in their flight test program. With 80 test flights completed, WhiteKnightTwo is substantially through its test plan, while the more recently constructed SpaceShipTwo has safely completed sixteen free flights, including three that tested the vehicle's unique "feathering" re-entry system. Additionally, ten test firings of the full scale SpaceShipTwo rocket motor, including full duration burns, have been safely and successfully completed.

With this permit now in hand, Scaled is now authorized to press onward towards rocket-powered test flights. In preparation for those powered flights, SpaceShipTwo will soon return to flight, testing the aerodynamic performance of the spacecraft with the full weight of the rocket motor system on board. Integration of key rocket motor components, already begun during a now-concluding period of downtime for routine maintenance, will continue into the autumn. Scaled expects to begin rocket powered, supersonic flights under the just-issued experimental permit toward the end of the year.

"The Spaceship program is making steady progress, and we are all looking forward to lighting the vehicle's rocket engine in flight for the first time," said Doug Shane, president of Scaled.

Although a handful of experimental launch permits have been granted to other rockets, SpaceShipTwo is the first rocket-powered vehicle that carries humans on board to receive such a permit.

Virgin also announced in 2012 that they will construct a rack system to allow research payloads to fly to space aboard Virgin Galactic's SpaceShipTwo (SS2). With these new racks, SS2 will allow

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researchers to conduct experiments during several minutes of microgravity using a mounting system also employed on the International Space Station (ISS). Standard racks will support up to 108 cubic feet of usable payload volume. Additionally, experiments can be positioned within the rack system for a view through Virgin Galactic's large, 17-inch-diameter-windows should acquisition of spectral data or imaging be desired

(Source: Virgin Galactic. More details and updates on this effort at www.virgingalactic.com)

Blast Off!

Student Worksheet:

Engineering Teamwork and Planning

You are part of a team of engineers given the challenge of building a model rocket from a kit that can rise the highest and straightest compared with other student teams in your class. You'll research ideas online (if you have internet access), learn about rocket design

and flight, and work as a team to construct and test your rocket. You'll consider the results of other teams, complete a reflection sheet, and share your experiences with the class.

Research Phase

Read the materials provided to you by your teacher. If you have access to the internet, also visit www.grc.nasa.gov/WWW/K-12/rocket/ for additional research and to use the online rocket simulator, RocketModeler III.

Planning and Design Phase

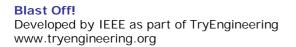
On a separate piece of paper draw a detailed diagram of how your rocket will look when completed and estimate how high you believe your rocket with travel. Is there anything you can do to encourage your rocket to go higher and straighter?

Build and Launch

As a team, build your rocket -- but always under the supervision of your teacher! You'll then test the rocket. Be sure to observe how high and how straight the rockets built by other teams go.

Reflection/Presentation Phase

Complete the attached student reflection sheet and present your experiences with this activity to the class.









Student Worksheet:

Reflection

Complete the reflection questions below:



1. How did the height you estimated your rocket would reach compare with the actual estimated height?

2. What do you think might have caused any differences in the height you achieved?

3. Did your rocket launch straight up? If not, why do you think it veered off course?

4. Do you think that this activity was more rewarding to do as a team, or would you have preferred to work alone on it? Why?



5. Did you adjust your model rocket at all? How? Do you think this helped or hindered your results?

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Student Worksheet:

Reflection (continued)

Complete the reflection questions below:



6. How do you think the rocket would have behaved differently if it were launched in a weightless atmosphere?

7. What safety measures do you think engineers consider when launching a real rocket? Consider the location of most launch sites as part of your answer.

8. When engineers are designing a rocket which will carry people in addition to cargo, how do you think the rocket will change in terms of structural design, functionality, and features?

9. Do you think rocket designs will change a great deal over the next ten years? How?



10. What tradeoffs do engineers have to make when considering the space/weight of fuel vs. the weight of cargo?

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For Teachers: Alignment to Curriculum Frameworks



Year 10

Science Understandings

Energy conservation in a system can be explained by describing energy transfers and transformations **(ACSSU190)**

The motion of objects can be described and predicted using the laws of physics (ACSSU229)

Science Inquiry Skills

Plan, select and use appropriate investigation methods, including fieldwork and laboratory experimentation, to collect reliable data; assess risk and address ethical issues associated with these methods (ACSIS199)

Critically analyse the validity of information in secondary sources and evaluate approaches used to solve problems (ACSIS206)

Science as a Human Endeavour

Advances in scientific understanding often rely on developments in technology and technological advances are often linked to scientific discoveries **(ACSHE192)**

Advances in science and emerging sciences and technologies can significantly affect people's lives, including generating new career opportunities **(ACSHE195)**

Mathematics Links with Science Curriculum (Skills used in this activity)	General Capabilities	Cross-Curriculum Priorities
 Process data using simple tables Data analysis skills (graphs) Analysis of patterns and trends Use of metric units 	 Literacy Numeracy Critical and creative thinking Personal and social capacity ICT capability 	Sustainability

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Science Achievement Standards

Year 10

By the end of Year 10, students analyse how the periodic table organises elements and use it to make predictions about the properties of elements. They explain how chemical reactions are used to produce particular products and how different factors influence the rate of reactions. *They explain the concept of energy conservation and represent energy transfer and transformation within systems*. *They apply relationships between force, mass and acceleration to predict changes in the motions of objects*. Students describe and analyse interactions and cycles within and between Earth's spheres. They evaluate the evidence for scientific theories that explain the origin of the universe and the diversity of life on Earth. They explain the processes that underpin heredity and evolution. Students analyse how the models and theories they use have developed over time and discuss the factors that prompted their view.

Students develop questions and hypotheses and independently design and improve appropriate methods of investigation, including field work and laboratory experimentation. They explain how they have considered reliability, safety, fairness and ethical actions in their methods and identify where digital technologies can be used to enhance the quality of their data. When analysing data, selecting evidence and developing and justifying conclusions, they identify alternative explanations for findings and explain any sources of uncertainty. Students evaluate the validity and reliability of claims made in secondary sources with reference to currently held scientific views, the quality of methodology and the evidence cited. They construct evidence-based arguments and select appropriate representations and text types to communicate science ideas for specific purposes.

